

DAUGHTER TO DAUGHTER

Questions to ask, *before you sign anything.*

The 10 questions worth asking on every tour of a senior living community on behalf of someone you love. Check things off as you ask them, flag anything that gave you pause, and jot notes while it's fresh — right there in the lobby if you need to.

TOURING



0 of 10 asked

01 Clinical Care

0 / 3 ▼

The people providing hands-on care matter more than the lobby chandelier.

- ☐ What's the caregiver-to-resident ratio during the day? What about overnight?

▸ Flag for follow-up

Notes from the visit...

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- ☐ How do you handle it if care needs increase — is there a step-up path here, or would we need to move?

▸ Flag for follow-up

Notes from the visit...

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- ☐ Is a nurse on site, and during which hours? Who coordinates with our parent's outside doctors and manages medications?

▸ Flag for follow-up

Notes from the visit...

02 Food & Dining

0 / 2 ▼

Ask to taste a meal, not just see a menu.

- ☐ Can we see a sample week's menu, and try a meal ourselves?

▸ Flag for follow-up

Notes from the visit...

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- ☐ How are dietary restrictions and personal preferences handled?

▸ Flag for follow-up

Notes from the visit...

03 Housekeeping

0 / 1 ▼

A small, telling detail about day-to-day life here.

- ☐ What's the housekeeping and laundry schedule, and who do we call if something's missed?

▸ Flag for follow-up

Notes from the visit...

04 Activities & Programs

0 / 2 ▼

A printed calendar tells you what's offered. It doesn't tell you who shows up.

- ☐ What does a typical week actually look like, beyond the printed activity calendar?

▸ Flag for follow-up

Notes from the visit...

- ☐ How do you support residents who are more introverted or less mobile?

▸ Flag for follow-up

Notes from the visit...

05 Leadership

0 / 1 ▼

Stability at the top tends to show up everywhere else.

- ☐ How long has the executive director been in this role, and what's leadership turnover been like here?

▸ Flag for follow-up

Notes from the visit...

06 Cost

0 / 1 ▼

Ask for this in writing before you fall in love with the place.

- ☐ What's included in the base rate, and what triggers additional charges?

▸ Flag for follow-up

Notes from the visit...

Trust what you notice, not just what you're told. If a question feels awkward to ask, ask it anyway — the answer tells you something. One daughter to another, because no one should do this alone.